

#### **Research Article**

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# Selection of an Attenuated Rifampicin Resistant Mutant of *Streptococcus Iniae* and Evaluation of its Immunoprotective Effect as Naturally Delivered Vaccines

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#### **Abstract**

Streptococcus iniae is a Gram-positive bacterium and a significant pathogen to a wide range of farmed fish. In the present study, we obtained a SF1 derivative, SF1M1, by selecting rifampicin resistance mutants. Compared to the wild type, SF1M1 (i) was slow in growth, (ii) showed less extracellular protease activity and produced a much lower amount of siderophores, and (iii) had a median lethal dose that is more than 100 times higher. In vitro and in vivo studies showed that the attenuated virulence of SF1M1 was stably maintained in the absence of selective pressure. To examine the potential of SF1M1 as a naturally delivered vaccine, Japanese flounder (Paralichthys olivaceus) were vaccinated with SF1M1 via bath immersion and oral feeding. At one and two months post-vaccination, the fish were challenged with SF1 or a heterogeneous strain S. iniae 29177, which is of serotype II. The results showed that fish vaccinated with SF1M1 exhibited relative percent survival rates of 54%-70% and produced specific serum antibodies that enhanced complement-mediated bactericidal activity against both SF1 and S. iniae 29177. Taken together, these results indicate that SF1M1 is an effective oral and immersion vaccine that induces protective immunity against serotype I and serotype II S. iniae.

**Keywords:** Streptococcus iniae; Attenuated vaccine; Rifampicin resistance; Vaccine delivery; Japanese flounder

Abbreviations: S. iniae, Streptococcus iniae

#### Introduction

Streptococcus iniae (S. iniae) is a significant pathogen (a Gram-positive bacterium) to a wide range of farmed fish including rainbow trout [1]; channel catfish [2], European sea bass[3], rabbitfish [4], Adriatic Sturgeon (Acipenser naccarii) [5]. In addition, S. iniae can also infect humans and cause meningitis, cellulitis, and endocarditis [6]. As a fish pathogen, S. iniae is the etiological agent of streptococcosis, a systemic septicaemia that is known to affect both marine and freshwater fish [7, 8]. Based on their ability to react with Arginine Dihydrolase (ADH) and ribose, two distinct serotypes of S. iniae have been recognized, with serotype I isolates positive for ADH and ribose utilization, while serotype II isolates lacking arginine dihydrolase activity and unable to utilize ribose [9]. Both serotypes are known to cause disease outbreaks. Fish vaccines against S. iniae have been reported by a number of research groups; most of these vaccines are tested as injection vaccines [10-13]. Since injection is a costly process, the aquaculture application of injection vaccines is much limited in countries where economy is an important factor in disease control. Compared to injection, natural administration methods

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such as oral feeding and bath immersion are less expensive and cause much less stress to the animal [14-17]. For this reason, naturally delivered vaccines are more welcome to the fish farming industry. In China, outbreaks due to S. iniae infection has been reported in farmed fish such as Japanese flounder, turbot, tilapia, and channel catfish [18-20]. The aim of this study was to develop a S. iniae vaccine that could induce effective protection when administered in a noninjection fashion. In a previous study, we have reported the isolation and characterization of a virulent S. iniae isolate, SF1, that had caused an epidemic in farmed flounder [19]. In the present study, we selected a SF1 derivative, SF1M1, that exhibited attenuated virulence. We examined in a flounder model the potential of SF1M1 as a live vaccine delivered via immersion and oral routes. We found that SF1M1 induced protective immunity not only against SF1, a serotype I strain, but also against a heterogeneous serotype II strain.

#### **Materials and Methods**

#### **Selection of SF1M1**

S. iniae SF1 (serotype I) is a pathogenic strain that had caused an epidemic in farmed flounder [19]. S. iniae 29177 (serotype II) was purchased from ATCC (American Type Culture Collection). S. iniae SF1 was cultured in Luria-Bertani broth (LB) medium at 28°C. S. iniae 29177 was cultured in Todd-Hewitt broth (THB) at 28°C. SF1 shows its natural resistance against ampicillin but sensitive to chloramphenicol (Chl), tetracycline (Tet), and rifampicin (Rif). SF1 was analyzed for potential existence of plasmid using the procedure of Kado and Liu (1981) [21], and the results were negative. SF1M1 was obtained as described previously [22].Briefly, SF1 was cultured in LB medium to an OD<sub>600</sub> of 0.9, and 100 µl of the culture was plated on a LB agar plate containing 1 µg/ml rifampicin (Sangon, Shanghai, China). The plate was incubated at 28°C for 5 days. One of the colonies that had emerged on the plate were randomly selected from the plate and cultured in LB medium containing  $2 \mu g/ml$  rifampicin to an OD<sub>600</sub> of 0.8. One hundred microliters of the culture was removed and sub-cultured in LB medium containing 4 g/ml rifampicin. The passage was repeated in LB medium containing gradually increased concentrations of rifampicin until the latter reaching 200 µg/ml. One of the colonies that grew on the LB agar plate containing 200 µg/ ml rifampicin was randomly selected and named SF1M1. The genetic identity of SF1M1 was verified by sequence analysis of the 16S rRNA gene and the SF1M1-specific genes sip11 and sia10 as described previously [19, 12].

#### Protease and siderophore production

Protease activity was determined with a modified LB medium prepared by mixing peptone, yeast extract, ferric phosphate, gelatin, and agar in one liter aged seawater.

The pH of the medium was adjusted to 7.6. The medium was autoclaved at 112.6°C for 30 min and poured into Petri dishes. SF1 and SF1M1 were cultured in standard LB medium to an OD600 of 1. The cells were washed with PBS and resuspended in PBS to  $1\times10^8$  CFU/ml. Ten microliters of the cell suspension was added into an Oxford cup placed on an agar plate prepared above. The plate was incubated at  $28^{\circ}\text{C}$  for 36 h, and 25% trichloroacetic acid was added to the plate to induce color formation. Ten microliters of the Siderophore production was determined with the Chrome Azurol S (CAS) agar method [23] by adding 50  $\mu$ l of the above bacterial cell suspension into an Oxford cup placed on a CAS agar plate, followed by incubating the plate at  $28^{\circ}\text{C}$  for 5 days.

#### Fish

Japanese flounder (*Paralichthys olivaceus*) (average 12.6±0.6 g) were purchased from local fish farms and acclimatized in the laboratory for two weeks before experimental manipulation. Fish were fed daily with commercial dry pellets and maintained at~22°C in sand-filtered and activated carbon-absorbed seawater that was changed twice daily. Before experiment, fish (5%) were randomly sampled for the examination of bacterial recovery from blood, liver, kidney, and spleen, and no bacteria could be detected from any of the examined tissues of the sampled fish. In addition, ELISA analysis showed that the randomly selected fish (5%) from the batch were negative of serum antibodies against *S. iniae*. For tissue examinations, fish were sacrificed with an overdose of tricaine methanesulfonate (Sigma, St. Louis, MO, USA) as described previously [24].

#### Virulence and stability analysis of SF1M1

The median lethal dose (LD<sub>50</sub>) was determined as described previously [24]. To examine the stability of SF1M1 under in vitro conditions, the bacterium was cultured in LB medium to an  $OD_{600}$  of 0.8 and diluted in fresh LB to  $10^5$  CFU/ml. The diluted culture was incubated at 28°C to  $OD_{600}$  0.8; one portion of the cell culture were used for LD<sub>50</sub> examination, while another portion of the cell culture was diluted in fresh LB medium to  $10^5\,\mathrm{CFU/ml}$  and incubated at  $28^\circ\mathrm{C}$  to  $\mathrm{OD}_{600}\,0.8$ as described above. The subculture was repeated ten times. To examine the stability of SF1M1 under in vivo conditions, the bacterium was cultured in LB medium to an OD600 of 0.8, and the cells were washed with PBS and resuspended in PBS to  $2 \times 10^8$  CFU/ml. One hundred microliters of the cell suspension was administered via intraperitoneal (i.p.) injection into flounder, and the fish were monitored for the appearance of disease symptom. SF1M1 was recovered from the liver, spleen, kidney, and blood of diseased fish as described above. The recovered SF1M1 from different organs were mixed together and used for next round infection and for LD<sub>50</sub> determination. This process was repeated ten times.



### Vaccination-(i) preparation of vaccine-containing microspheres

For oral vaccination, SF1M1 was encapsulated into alginate microspheres as follows. The bacterium was cultured in LB medium at 28°C to OD<sub>600</sub> of 1. The cells were washed with and resuspended in PBS. Twenty milliliters of 3% (m/v) sodium alginate was mixed with 12 ml of bacterial suspension or PBS (control), and the mixture was emulsified by adding 800 ml of paraffin and 4 ml of Span-80. While stirring, twenty milliliters of 0.15 M CaCl, was added to the emulsion, and microspheres were collected by centrifugation at  $1000 \times g$  for 10 min. One hundred grams of marine fish feed (purchased from Shandong Sheng-suo Fish Feed Research Center, Shandong, China) were mixed with vaccine-containing microspheres or the control microspheres. The feed was cut into small pieces of the size approximating that of the purchased fish feed. After drying at 30°C, the feed was stored at 4°C and used within 3 days.

#### Vaccination-(ii) Vaccination

Preliminary studies indicated that when flounder were fed for six days with feed containing SF1M1 microspheres to the amount that the daily bacterial consumption was approximately 2 × 108 CFU/fish followed by immersion for 6 h in seawater containing  $2 \times 10^8$  CFU/ml SF1M1, no disease symptom or mortality was observed in the fish for a period of 3 weeks during which time the fish were monitored on a daily basis. Based on these results, the vaccination trials were conducted as follows. Flounder described above were randomly divided into two groups (N = 200) named A and B. Group A was fed for three days with feed containing SF1M1 microspheres to the amount that the daily bacterial consumption was approximately 108 CFU/fish; group B was similarly fed with feed containing control microspheres. The fish were then subjected to immersion vaccination as follows. SF1M1 was cultured in LB medium as described above and resuspended in seawater to 108 CFU/ml. Group A was immersed in SF1M1-containing seawater for 6 h, while group B was similarly treated in PBS-containing seawater. The fish were then moved to tanks containing fresh seawater and reared under normal conditions as described above. At 3-week post-vaccination, 60 fish were taken from groups A and B respectively and placed into separate tanks named groups A2 and B2. The fish in groups A2 and B2 were boosted with a second immersion vaccination as described above. At one month after the initial vaccination, 24 fish were taken from groups A and B respectively and challenged via i.p. injection with SF1; likewise, 24 fish were taken from groups A and B and challenged similarly with S. iniae 29177. At two months post-vaccination, 24 fish were taken from groups A2 and B2 respectively and challenged with SF1 as above; similarly, 24 fish were taken from groups A2 and B2 and challenged with *S. iniae* 29177 as above. After each challenge, the fish were monitored for mortality for 20 days, and dying fish were randomly selected for the examination of bacterial recovery from liver, kidney, and spleen as described previously [25]. Relative percent of survival (RPS) was calculated according to the following formula: RPS =  $\{1 - (\% \text{ mortality in vaccinated fish/}\% \text{ mortality in control fish)}\} \times 100 \text{ (Amend 1981)}$ . All vaccination trials were conducted in duplicate.

#### Tissue invasion of SF1M1 in vaccinated fish

Liver, spleen, kidney, and gut were taken from SF1M1-and PBS-vaccinated fish at 1 d, 2 d, 3 d, 4 d, 6 d, 8 d, 10 d, 12 d, 14 d, 16 d, 18 d, and 20 d after vaccination (five fish per time point). Bacterial invasion into tissues was examined by determining bacterial recovery from each of the tissues as described above.

### Enzyme-linked immunosorbent assay (ELISA) and serum bactericidal activity

Sera were collected from unvaccinated and vaccinated fish (five at each time point) at one and two months postvaccination. Sera were diluted 64-fold in PBST (0.1% Tween-20 in PBS) containing 1% bovine serum albumin. Serum antibodies against SF1M1 were determined by ELISA as described previously [26]. Serum bactericidal assay was performed as follows. SF1 and S. iniae 29177 were cultured to mid-logarithmic phase and resuspended in PBS to  $1 \times 10^6$ CFU/ml. Ten microliters of bacterial suspension or PBS was mixed with or without 50 µl untreated serum or heat-treated (55°C for 30 min) serum in a total volume of 110 μl. The mixture was incubated at 30°C for 1 h and, after diluting in LB, plated in LB agar plates. The plates were incubated at 30°C for 48 h, and the colonies that appeared on the plates were counted. The genetic nature of the colonies was verified as described above.

#### Statistical analysis

All statistical analyses were performed with analysis of variance (ANOVA) of the SPSS 17.0 package (SPSS Inc., Chicago, IL, USA). In all cases, significance was defined as P < 0.05.

#### Results

#### Selection and characterization of SF1M1

SF1M1 was obtained by repeated selection of SF1, which is naturally sensitive to rifampicin, in medium supplemented with increased concentration of rifampicin.  $LD_{50}$  analysis showed that when injected i.p. into flounder, the  $LD_{50}$  of SF1M1 was greater than  $10^9$  CFU, at which dose no mortality occurred, while the  $LD_{50}$  of SF1 was  $10^{6.9}$  CFU. When grown in LB medium, SF1M1 exhibited slower growth rates at the



logarithmic and stationary phases than the wild type strain SF1 (Figure 1). Compared to SF1, SF1M1 showed less extracellular protease activity and produced a much lower amount of siderophores (Figure 2).

#### Virulence stability of SF1M1

The ability of SF1M1 to revert to wild type was examined under in vivo and in vitro conditions. For in vitro conditions, SF1M1 was sub-cultured ten times in LB medium in the absence of the selective antibiotics rifampicin, and virulence analysis showed that the  $\mathrm{LD}_{50}$  of the sub-cultures were comparable to that of SF1M1. For in vivo analysis, SF1M1 was passed ten rounds in flounder, and the  $\mathrm{LD}_{50}$  of the SF1M1 recovered from fish tissues was examined. The results showed that recovered SF1M1 exhibited no significant changes in  $\mathrm{LD}_{50}$ .

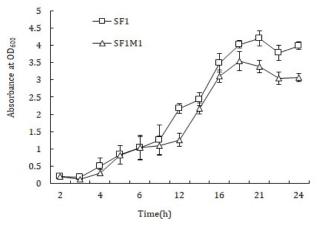
#### Potential of SF1M1 as a naturally delivered vaccine

### i. Dissemination of SF1M1 in fish tissues following vaccination

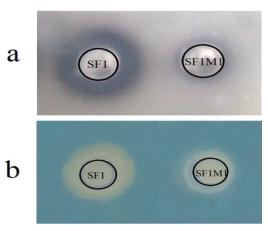
To examine the potential of SF1M1 as a naturally delivered vaccine, flounder were immunized with SF1M1 or PBS via bath immersion and oral feeding. To examine whether SF1M1 was able to invade into fish tissues following vaccination, bacterial recovery from fish tissues was examined at different time points after vaccination. The results showed that viable SF1M1 was recovered from the gut, liver, spleen, and kidney at 1 to 12 days post-vaccination (Figure 3). In all examined tissues, the recoveries peaked at 3 or 4 days post-vaccination and then declined until 10 to 12 days. In contrast, no SF1M1 was detected in the tissues of PBS-vaccinated fish.

#### ii. Protection induced by SF1M1

Fish were challenged at one or two months post-vaccination with SF1 or the serotype II strain *S. iniae* 29177.



**Figure 1:** Growth profile of SF1M1. SF1M1 and SF1 were cultured in LB medium, and aliquots of the culture were taken at different time points for measurement of absorbance at  $OD_{600}$ . Values are presented as means  $\pm$  SE (N = 3).



**Figure 2:** Analysis of the extracellular protease activity (A) and siderophore production (B) of SF1 and SF1M1. a, SF1 and SF1M1 were added into Oxford cups (indicated by black circles) placed on a LB agar plate containing gelatin, and 25% trichloroacetic acid was added to the plate after 36 h incubation. b, SF1 and SF1M1 were added into Oxford cups (indicated by black circles) placed on a chrome azurol S agar plate, and the plate was incubated at 28°C for 5 days. For both panels, halos around the bacterial spots indicate positive results.

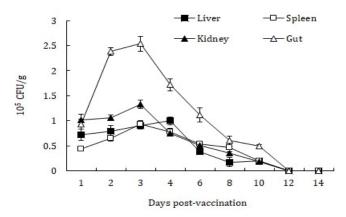


Figure 3: Invasion of SF1M1 into fish tissues following vaccination. Flounder were vaccinated via immersion and oral feeding with SF1M1. Liver, spleen, kidney, and gut were taken at different time points and determined for bacterial recovery. Data are presented as means $\pm$ SE (N = 5).

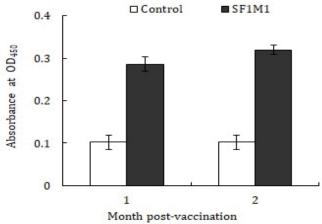
Subsequent mortality monitoring indicated that following SF1 challenge at one and two-month post-vaccination, the accumulated mortality rates of SF1M1-vaccinated fish were 21% and 29% respectively, while the accumulated mortality rates of the control fish mock-vaccinated with PBS were 71% and 79% respectively. Hence, the protection rates, in terms of RPS, of SF1M1 were 70% and 63% at one and two-month post-vaccination respectively. Following *S. iniae* 29177 challenge at one and two-month post-vaccination, the accumulated mortality rates of SF1M1-vaccinated fish were 25% and 29% respectively, while the accumulated mortality rates of the control fish were 63%, which correspond to



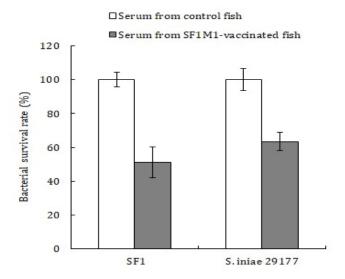
RPS rates of 60% and 54% in SF1M1-vaccinated fish at one and two-month post-vaccination respectively. Comparable protection rates were obtained in duplicate vaccination trials. Microbiological analysis indicated that SF1 and *S. iniae* 29177 were recovered from the kidney, liver, and spleen of moribund fish challenged with SF1 and *S. iniae* 29177 respectively, suggesting that mortality was caused by infection of the respective challenging agents.

#### Serum antibody production and bactericidal activity

ELISA analysis showed that serum antibodies against SF1M1 were detected in SF1M1-vaccinated fish at one and



**Figure 4:** Serum antibody production in SF1M1-vaccinated fish. Sera were collected from the vaccinated and unvaccinated (control) flounder at one and two months post-vaccination, and serum antibodies against SF1M1 were determined by ELISA. Data are presented as means $\pm$ SE (N = 5). \*\*P < 0.01.



**Figure 5**: Serum bactericidal activity. Serum was collected from flounder vaccinated with or without (control) SF1M1, and bactericidal activity against SF1 and *S. iniae* 29177 was determined. The bactericidal activity of the control serum was set as 100%. Data are presented as means $\pm$ SE (N = 5). \*\*P < 0.01, \*P < 0.05.

two months post-vaccination (Figure 4). To examine the effect of serum bactericidal activity, serum from vaccinated and unvaccinated fish were incubated with SF1 and *S. iniae* 29177, and bacterial survival rates were subsequently determined. The results showed that compared to the survival rates of SF1 and *S. iniae* 29177 in the serum of unvaccinated fish, the survival rates of SF1 and *S. iniae* 29177 in the serum of SF1M1-vacinated fish were reduced to 51% and 64% respectively of those in the control fish (Figure 5). When the sera were heated to inactivate complements before incubation with bacteria, the survival rates of SF1 and *S. iniae* 29177 in the serum of SF1M1-vacinated fish were comparable to those in the serum of control fish.

#### **Discussion**

Rifampicin is an antibiotic that blocks RNA synthesis in bacteria by inhibiting DNA-dependent RNA polymerase. Many reports have indicated that bacterial strains that undergo from a rifampicin-sensitive phenotype to a rifampicinresistant phenotype are often reduced in pathogenicity [27]. This observation has been exploited for the selection of mutant strains with attenuated virulence [28,29,30]. In our study, we found that the rifampicin-resistant mutant SF1M1 was highly reduced in overall bacterial virulence, since the LD<sub>50</sub> of SF1M1 was more than 100 times higher than that of the wild type SF1. Compared to SF1, SF1M1 was slower in proliferation rate and produced much less proteases and siderophores. These results suggest that the mutations that contribute to rifampicin resistance had a broad effect on the biological processes of SF1. Compared to killed vaccines and subunit vaccines, live attenuated vaccines are associated with one main disadvantage, which is the possibility of the mutants to revert back to wild type phenotype. For this reason, the vaccinate candidates have to be tested for safety. In the case of SF1M1, we found that after passing ten rounds in LB medium without rifampicin or in the host animal, SF1M1 exhibited no significant changes in LD<sub>50</sub>. These results indicate that SF1M1 was stable as far as virulence is concerned under both in vitro and in vivo conditions, which suggests a potential for SF1M1 to be used as a vaccine. Yu Liu et al (2020) [31] prepared YM011 GX005 from the parent virulent strain of S. iniae for 800 generations in vitro, and found that the strain YM011 was an ideal oral attenuated vaccine with good immunogenicity, safety and stability.

Of the live attenuated *S. iniae* vaccines that have been reported, only two were tested as a non-injection vaccine [10]. It was found that in a hybrid striped bass model, a *S. iniae* mutant defective in the M-like protein gene produced complete protection when used as an immersion vaccine [10]. The *S. iniae* mutant strain TBY-1\DeltasrtA provided the relative percent survival value of 95.5% as an effective attenuated live vaccine candidate in Nile tilapia [32]. Yu Liu et al. (2020)



[31] showed that the weak strain YM011 which after 100 successive generations with completely lost pathogenicity to tilapia, and the relative survival rates of the Oral gavage group was 76.81% and 56.69% at 15 d and 30 d, respectively. Mohammad Hayat et al.(2021)[33] found that the red hybrid tilapia were fed with oral S. iniae vaccine inactivated with different concentrations of formalin, and all fishes were experimentally infected 4 weeks after inoculation. The mortality rate in different immunized groups was 30-80% compared to 100% in the control group. In our study, we found that when delivered via oral and immersion routes, SF1M1 induced RPS rates of 70% and 63% at one and twomonth post-vaccination respectively against the homologous strain SF1. For the heterologous strain S. iniae 29177, which is of a different serotype from SF1, SF1M1 induced RPS rates of 60% and 54% at one and two-month post-vaccination respectively. These results indicate that SF1M1 as an oral and immersion vaccine can confer effective protection upon flounder against two different serotypes of S. iniae. Consistent with these results, bacterial recovery analysis showed that following vaccination, SF1M1 was detected in gut, liver, spleen, and kidney from 1 to 12 days post-vaccination. These results suggest that SF1M1, though highly attenuated compared to SF1, still retains residual infectivity that enables the bacterium to disseminate into host tissues, which probably accounts for the immunoprotection induced by SF1M1 in the vaccinated fish. Mohammad Hayat et al. (2021)[33] found that the level of anti- S. iniae antibody IgM in all immune groups was significantly increased compared with the control group (p > 0.05), and all the control groups died after 5 weeks of infection. In our study, the examination of serum antibody production indicated that antibodies against SF1M1 were produced in fish vaccinated with SF1M1 at one and two months post-vaccination, suggesting that SF1M1 induced B cell-mediated humoral immune response. Serum bactericidal activity analysis showed that following treatment with the sera from SF1M1-vaccinated fish, the survival rates of SF1 and S. iniae 29177 were significantly reduced, which is consistent with the cross-serotype protective effect of SF1M1. Since the survival rates of both serotypes of S. iniae in heat-inactivated sera from SF1M1-vaccinated fish were comparable to those in heat-inactivated control sera, it is likely that the enhanced bacterium-killing activity of the serum from SF1M1vaccinated fish was complement-dependent.

#### **Conclusions**

In conclusion, in this study we selected a rifampicinresistant mutant *S. iniae*, SF1M1 that exhibits attenuated pathogenicity. When used as a live vaccine delivered via immersion and oral feeding, SF1M1 is able to elicit protective immunity in flounder at one and two months post-vaccination against both serotype I and serotype II *S. iniae*. These results suggest a potential application for SF1M1 in fish farming industries as a naturally delivered vaccine against streptococcosis.

#### **Data Availability Statement**

The raw data supporting the conclusions of this manuscript will be made available by the authors, without undue reservation, to any qualified researcher.

#### **Author Contributions**

L.Y. participated in the study design. L.Y. and G.L. performed the experiments. L.Y. drafted the manuscript. A.Z., L.C., and H.W. collected the important background information. All authors have read and agreed to the published version of the manuscript.

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#### **Institutional Review Board Statement**

The study protocol and the animal ethics were approved by the Animal Care and Use Committee of Shandong Agricultural University, Tai'an, China (Ethical Approval Number SDAUA-2019-058).

#### **Informed Consent Statement**

Not applicable.

#### **Conflicts of Interest**

No conflict of interest exits in the submission of this manuscript, and manuscript is approved by all authors for publication.

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